Supplying professional growers with quality seeds since 1992.

Paramount Seeds Inc

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All seeds we supply are Non-GMO.
<table>
<thead>
<tr>
<th><strong>Amaranth Red</strong></th>
<th>A very tasty and colorful addition to micromixes. Red Amaranth is fast growing with a pleasant flavor. Can be used for sprouts or grown to maturity.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Arugula</strong></td>
<td>Arugula, also known as roquette, rocket, rugula and rucoia is a very popular product addition for many growers. Very easy to grow!</td>
</tr>
<tr>
<td><strong>Basil Dark Opal</strong></td>
<td>A purple colored Basil that makes an easy addition to micro mixes. Beautiful lilac flowers with dark red stems. Excellent contrast with green basil.</td>
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<tr>
<td><strong>Basil Elidia</strong></td>
<td>Elidia is a Genoveser type basil with intermediate resistance against Fusarium. Compact growth. Ideal for pot production. Shiny dark green leaves. Late bolting</td>
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<tr>
<td><strong>Basil Emily</strong></td>
<td>Basil Emily is a very compact pot Basil variety in the Genovese type with medium large leaves. We recommend Emily for summer production in more balanced climates and year round in hot climates or under high light intensity.</td>
</tr>
<tr>
<td><strong>Basil Genovese</strong></td>
<td>Genovese Basil is one of the best known Basil varieties. Large leaves with spicy flavor. Plants grow 18-24&quot; and its possible to get 3 or 4 cuts.</td>
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<tr>
<td><strong>Basil Genoveser</strong></td>
<td>Genoveser Basil is a shiny, dark green, spoon shaped leaves. High yielding special Genovese selection for industry. A dwarf, compact selection 12in/70cm. Intensive flavor and great shelf life.</td>
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<tr>
<td><strong>Basil Italian Lg Lf</strong></td>
<td>Large leaf Italian Basil produces excellent yields of very flavorful and tender large 4&quot; long medium dark basil leaves. 78 days. Ocimum basilicum. Annual. Preferred by chefs because it is sweeter and less clover-like than other varieties.</td>
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<tr>
<td><strong>Basil Nufar</strong></td>
<td>Ocimum basilicum. (F1) Annual. Plant produces good yields of 4&quot; long basil leaves. This is the first fusarium resistant variety of basil. Leaves are more flattened than Genovese types. Suitable for greenhouse, hydroponic, and field production.</td>
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<tr>
<td><strong>Basil Rosie</strong></td>
<td>Rosie is a variety of Basil with an intense red color. It is suitable for pot or cut production and is an upright, compact plant with strong stalks.</td>
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</table>
Bulls Blood Beet are a very popular item and fit well into greenhouse microgreen production systems. 35 days for baby leaf tops, or 55 days for edible roots. Grown primarily for its tender sweet, dark red leaves.

Waltham 29 broccoli produces uniform high yields, good color, cold resistance, dwarf compact plant, and big side shoots.

Bok choy or Pak Choi, a Chinese cabbage that does not form heads and have smooth, dark green leaf blades instead, forming a cluster reminiscent of mustard greens or celery.

Bok choy or Pak Choi, a Chinese cabbage that does not form heads and have smooth, dark green leaf blades instead, forming a cluster reminiscent of mustard greens or celery.

The most typical Pak Choi features dark green leaves atop white spoon-shaped upright stems. Stems vary considerably in thickness and shape, and in some varieties they are green. One variety produces a rosette of dark green leaves close to the ground.

This gorgeous deep red cabbage has a sweet flavor and solid heads form early on small, compact plants. Dense, deep purple, small round heads and a great color. It won’t split when planted in the spring.

Tall Utah is a crisp, stringless green celery with tightly folded hearts, and broad, thick, well-rounded stalks. It is a vigorous grower without getting flimsy. This is a popular green celery for late use.

Chervil – also called Curled Chervil - is an aromatic herb that is typically used in seasonings and salads. Plant chervil seeds in ample sunlight and well-drained soil. This means it is usually raised as an annual and planted each spring.

Garlic Chives, also called Chinese leeks have a flat grass-like leaf with a mild garlic flavor. Can be used as a garnish or grown to maturity to produce an attractive flower.

Standard Chive can be a great addition to your microgreen selections. Chives are easy to grow and tolerant to harsh conditions. Thick, flavorful leaves, can produce multiple cuts in the second year of production. Suitable for forcing, pot growing or fresh
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<td><strong>Coriander Long Standing</strong></td>
<td>also called cilantro or dhania, is an annual herb in the family Apiaceae. Coriander is native to southern Europe and North Africa to southwestern Asia. It is a soft, hairless plant growing to 50 centimetres (20 in) tall.</td>
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<tr>
<td><strong>Cress Upland</strong></td>
<td>Upland Cress is also called Winter Cress. It is an easy to grow cut-and-grow again crop. The plant grows to about 4-6&quot; tall with mildly peppery leaves. Leaves, shoots, and flower buds are all delicious.</td>
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<tr>
<td><strong>Dill Bouquet</strong></td>
<td>One of the standard varieties. Use young leaves and leaf tips, half ripe flowers and dried seeds. A useful addition to your selection and can be sown year round for pot production or bundles.</td>
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<tr>
<td><strong>Diplotaxis T. Wild Arugula</strong></td>
<td>Young leaves with nutty flavour, in all sorts of salads. Depending on the season 3-5 weeks after sowing, either young leaves in food-tainer or larger leaves as bundles. Height 30 cm</td>
</tr>
<tr>
<td><strong>Fennel Florence</strong></td>
<td>A subtle anais flavor from this gorgeous plant. Used as a garnish, flavoring or grown to maturity to form the vegetable bulb.</td>
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<tr>
<td><strong>Kale Lacinato</strong></td>
<td>Also called Tuscan Kale is a widely used type, especially in Italian cuisine. An heirloom variety with dark savoyed, tender leaves. Can be grown as a microgreen or to full maturity.</td>
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<tr>
<td><strong>Kale Red Russian</strong></td>
<td>Red Russian Kale has bright purple stems with green, deeply lobed leaves. Leaves are tender and smooth compared with other kales and very sweet. This variety is very popular in baby leaf salad mixes or as full size bunches.</td>
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<tr>
<td><strong>Kale Vates</strong></td>
<td>A dwarf curly kale for baby leaf or full size plants. Vates Kale leaves are curly and a dark blue-green. Plant is compact and dwarf plants reach about 2’ tall at full size.</td>
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<tr>
<td><strong>Kohlrabi Purple Vienna</strong></td>
<td>14 days. 1.5 to 2” medium to dark green seedlings with whitish purple to medium purple stems. Full cotyledons to just beginning the first true leaf.</td>
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<tr>
<td><strong>Leek King Richard</strong></td>
<td>King Richard is an Early, very popular full-sized leek with long, slender shaft. Tall, upright plants have shafts that are very straight and easy to clean, with sweet mild flavor. Can be grown to maturity or, with closer seed spacing, as baby leeks.</td>
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**Lettuce Green Tango**
A nice variety micro-mixes. Crisp leaves with an oakleaf shape lovely green color and attractive leaves that hold up in bagged mixes.

**Lettuce Red 1006**
A beautiful red leaf lettuce. Ideal for baby leaf of microgreen production especially nice for mixed lettuce

**Lettuce Red Tango**
A nice variety micro-mixes. Crisp leaves with an oakleaf shape lovely red color and attractive leaves that hold up in bagged mixes.

**Lettuce Salad Bowl**
Sweet tender leaves that looks great in salad mixes. Early spring and late summer plantings are the most productive. Easy to grow and heat tolerant.

**Lettuce Spicy Mix**
Try our SPICY Lettuce blend containing just the right amount of Red Romaine, Green Romaine, Freckles, Red Leaf 1006, Arugula, Mizuna.Tatsoi, Pepper Cress and Red Russian Kale.

**Lettuce Sweet Mix**
Try our SWEET Lettuce will give some flavor and color to your salads with a blend of Freckles, Speckles, Red Romaine, Green Romaine, Red Leaf 1006 and Tango.

**Mustard Mizuna**
Mizuna produces dozens of pencil thin white stalks with deeply cut, fringed leaves. Mild flavor. Continues to produce for several weeks from one planting as a cut and come again product.

**Mustard Red Giant**
Red Giant mustard has large leaves with a slight purple color and mild peppery flavor. Baby greens have bright green leaves with stunning deep purple veins. Mild when baby but flavor increases as plant gets larger.

**Mustard Tatsoi**
The plant has dark green spoon-shaped leaves which form a thick rosette. It has a soft creamy texture and has a subtle yet distinctive flavor. Also called mustard spinach. It can be grown to harvestable size in 45–50 days, cold tolerant.

**Mustard Wasabi**
While not a true Wasabi, this selection of Wasabi Mustard gives a great flavor and its large cotyledon can be used as a fresh cut product in salads or for flavor in cooked dishes. Can be planted year round with microgreens ready in approximately 10 days.
Parsley
Italian Giant
Plant produces massive thick stalks and rich flavor dark green leaves. An Italian flat leaf variety that has richer flavor than curled Parsley. Excellent in salads, can be dried or used fresh.

Parsley
Plain Leaf
Fragrant flavorful leaves are excellent for seasoning and as a garnish. A complementary flavor that enhances most dishes, especially sauces, salads, meats and vegetables. Dries well.

Radish
China Rose
An heirloom type radish with great color and flavor. Ideal for sprouting with pink stems and green cotyledons or can be grown to maturity.

Radish
Sango
A colorful variety of microgreen/sprouting radish. Seedlings are approximately 3-4" tall, most of which are a uniform eggplant-purple color, although some are green or green-purple in color. Purple stems grow darker toward the top of the sprout.

Spinach
Bloomsdale
A favorite heirloom variety! Bloomsdale Long Standing is a reliable standard variety. It has large, spreading dark green, savoyed curled leaves. The yield is good, and it is slow to bolt.

Spinach
Kookaburra
Kookaburra is a robust semi-savoy variety with uniform dark green leaves. It has an upright habit and is strong against leaf burn in warmer conditions. Avoid mid-summer production in hot areas.

Sunflower
Grey Stripe
Grey Stripe Sunflower - for sprouting (Helianthus annuus) Grey Stripe sunflower is one of the more popular varieties used for sprouting. The shoots can be eaten fresh or in a salad. Shoots can be harvested at 3-4 inches.

Swiss Chard
Fordhook
Broad dark-green heavy leaves with white veins and stalks.

Swiss Chard
Rainbow
An improved mix of red, pink, white, yellow and orange. Upright habit makes for clean production and easy harvesting. Color intensity is not well defined early on; mostly pink, red and white at baby stage.

Swiss Chard
Ruby Red
This is a sweet Swiss chard with red stalks and dark green, crinkly leaves with hints of red. Both the leaves and the stalks are very ornamental and 'Ruby Red' is great in salad. The ruby red stalks extend into red veins throughout the plant’s leaves.
Fresh thyme is commonly sold in bunches of sprigs. A sprig is a single stem snipped from the plant. It is composed of a woody stem with paired leaf or flower clusters ("leaves") spaced 1/2 to 1 inch (13 to 25 mm) apart.
Disclaimer:
Variety descriptions, sowing and planting dates contained in this catalog have been composed in good faith, based on experiences in trials and production, together with information supplied by breeders. However final results, yields and performance depend on various factors such as cultural practices and local conditions. Paramount Seeds Inc cannot be held responsible for the results of the crop of any client. Photographs are intended for illustration purposes only and do not depict specific varieties. We will not disclose your e-mail address to any third party or send junk mail.

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Herbs and Microgreens are supplied as untreated seed as standard